

Association between *HLA-DRB1*04* and Malay patients with Vogt-Koyanagi-Harada syndrome in Malaysia: A case-control study

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Abstract

Introduction: Vogt-Koyanagi-Harada (VKH) is an autoimmune disorder affecting melanocyte-containing tissues. Major histocompatibility complex, class II, DR beta 1 (*HLA-DRB1*)*04 and its suballele *HLA-DRB1*0405* were found to be associated with VKH in many studies.

Purpose: To determine the association of *HLA-DRB1*04* and its suballele *HLA-DRB1*0405* with VKH patients of Malay descent.

Materials and methods: A case control study was conducted among VKH patients of Malay ethnicity attending Ophthalmology Clinic, Hospital Selayang, Malaysia from December 2016 to December 2017. *HLA-DRB1*04* allele-specific typing was performed on 14 Malay patients with VKH and 14 healthy controls using the polymerase chain reaction sequence-specific primer method. The data was then analysed using Fisher's Exact test.

Results: The frequency of *HLA-DRB1*04* was noted to be higher in patients (42.9%) compared to controls (14.3%), but was not statistically significant ($p = 0.209$). The

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frequency of suballele *HLA-DRB1*0405* was also increased in patients (42.9%) vs controls (7.1%); however, the results were not significant ($p = 0.077$).

Conclusion: In conclusion, although the findings were not statistically significant, the increased frequency of both *HLA-DRB1*04* and its suballele *HLA-DRB1*0405* may suggest a possible cause for the development of VKH among Malay patients.

Keywords: *HLA-DRB1*04*, *HLA-DRB1*0405*, Malay, Malaysia, Vogt-Koyanagi-Harada

Hubungkait di antara *HLA-DRB1*04* dan pesakit Melayu dengan sindrom Vogt-Koyanagi-Harada di Malaysia: Kajian kawalan-kes

Abstrak

Pengenalan: Vogt-Koyanagi-Harada (VKH) adalah gangguan autoimun yang mempengaruhi tisu yang mengandungi sel melanosit. Kompleks histokompatibiliti utama, kelas II, DR beta 1 (*HLA-DRB1*04* dan subalel *HLA-DRB1*0405* didapati dikaitkan dengan VKH dalam banyak kajian banyak kajian terdahulu.

Tujuan: Bagi menentukan menentukan hubungkait *HLA-DRB1*04* dan subalelnya *HLA-DRB1*0405* dengan pesakit VKH berketurunan Melayu.

Bahan dan kaedah: Kajian kawalan kes dijalankan di kalangan pesakit VKH etnik Melayu yang menghadiri Klinik Oftalmologi, Hospital Selayang, Malaysia dari Disember 2016 hingga Disember 2017. *HLA-DRB1*04* jenis khusus alel dilakukan pada 14 pesakit Melayu dengan VKH dan 14 subjek kawalan yang sihat menggunakan kaedah primer turutan pra-tindak balas rantai polimerase. Data tersebut kemudian dianalisis menggunakan ujian Fisher's Exact.

Keputusan: Kekerapan *HLA-DRB1*04* diperhatikan lebih tinggi pada pesakit (42.9%) berbanding dengan subjek kawalan (14.3%), tetapi tidak signifikan secara statistik ($p = 0.209$). Kekerapan subalel *HLA-DRB1*0405* juga meningkat pada pesakit (42.9%) vs subjek kawalan (7.1%); Walau bagaimanapun, hasilnya tidak signifikan ($p = 0.077$).

Kesimpulannya: Walaupun penemuan itu tidak signifikan secara statistik, peningkatan frekuensi *HLA-DRB1*04* dan subalel *HLA-DRB1*0405* yang ditunjukkan ada kemungkinan menjadi penyebab VKH di kalangan pesakit Melayu.

Kata kunci: *HLA-DRB1*04*, *HLA-DRB1*0405*, Bangsa Melayu, Malaysia, Vogt-

Koyanagi-Harada

Introduction

Vogt-Koyanagi-Harada (VKH) syndrome is a multisystem, autoimmune disorder, which affects melanin-containing cells in the uveal tract, skin, meninges, and inner ear.^{1,2} Racial groups that are darkly pigmented, such as Asians, Hispanics, Native Americans, and Indians, are more frequently affected. The disease is more common in women and disease onset usually occurs from 20 to 50 years old. VKH is most prevalent in Japan, where 6.8-9.2% of uveitis cases are due to VKH.¹ The prevalence of VKH in Singapore was found to be similar to the Japanese population.³

VKH is characteristically manifested as bilateral panuveitis.^{1,2} Posterior uveitis is a major cause of blindness worldwide (responsible for 10% of all cases of blindness).⁴ A census done at the Singapore National Eye Centre found VKH to be the commonest cause of panuveitis (32.8%), which accounts for 7.2% of all uveitis cases that were treated from 1997-2001.³

VKH is associated with multifocal serous retinal detachment, signs of meningismus, and other extraocular manifestations, such as auditory derangement and integumentary changes.^{1,2} VKH syndrome has four stages or phases, which are the prodromal, uveitic, convalescent, and chronic recurrent phase.¹ Ocular complications include glaucoma, cataract, subretinal fibrosis, and choroidal neovascularisation.^{1,2} Factors that contribute to poor prognosis are initial presence of ocular complications or severe presentation, multiple recurrences, inadequate treatment, and the presence of suballeles *HLA-DRB1*0405* and *0410*.²

The diagnosis of VKH syndrome is usually made based on clinical findings. Ancillary tests can be helpful in certain situations to confirm the diagnosis or exclude other differential diagnoses. The tests include indocyanine green angiography, fluorescein angiography, optical coherence tomography, ocular ultrasound, and spinal tap to detect cerebrospinal fluid (CSF) lymphomonocytic pleocytosis.^{2,5} At present, there are no specific serological tests that are being used in the diagnosis of VKH.^{1,2} Diagnostic criteria from the past have been replaced by the International Committee on Nomenclature Revised Diagnostic Criteria.⁵ In 2001, the first international workshop on VKH disease recommended new revised diagnostic criteria to help facilitate the diagnosis of VKH disease (Table 1).⁵ It includes both exclusion and inclusion criteria and classifies the disease into complete, incomplete, and probable according to the presenting clinical signs.^{5,6}

The etiopathogenesis of VKH is still obscured, but selective, autoimmune processes against melanocytes have been hypothesised.^{1,7} The role of genetic factors may be vital in the development of VKH. In Japan, extensive studies have been conducted and it was found that *HLA-DRB1*04* had a significant association with VKH disease.⁸⁻¹¹ According to Islam *et al.*, the suballele *HLA-DRB1*0405* showed a significant association with VKH syndrome.⁸ The frequency of suballele *HLA-DRB1*0405* was noted to be higher in chronic VKH patients.^{8,9} A meta-analysis by Shi *et al.* further confirmed that suballeles *HLA-DRB1*0404*, *0405*, *0410* increased the risk of VKH.¹²

Table 1. Diagnostic criteria for VKH disease⁵

Complete VKH disease (criteria 1 to 5 must be present)

Incomplete VKH disease (criteria 1 to 3 and either 4 or 5 must be present)

Probable VKH (isolated ocular disease; criteria 1 to 3 must be present)

1. No history of penetrating ocular trauma or surgery preceding the initial onset of uveitis.
2. No clinical or laboratory evidence suggestive of other ocular disease entities.
3. Bilateral ocular involvement (a or b must be met, depending on the stage of disease when the patient is examined)
 - a. Early manifestations of disease
 - I. There must be evidence of a diffuse choroiditis (with or without anterior uveitis, vitreous inflammatory reaction, or optic disc hyperaemia), which may manifest as one of the following:
 - i. Focal areas of subretinal fluid, or
 - ii. Bullous serous retinal detachments.
 - II. With equivocal fundus findings; both of the following must be present as well:
 - i. Focal areas of delay in choroidal perfusion, multifocal areas of pinpoint leakage, large placoid areas of hyperfluorescence, pooling within subretinal fluid, and optic nerve staining (listed in order of sequential appearance) by fluorescein angiography and
 - ii. Diffuse choroidal thickening, without evidence of posterior scleritis by ultrasonography
 - b. Late manifestation of disease
 - I. History suggestive of prior presence of findings from 3a, and either both (II) and (III) below, or multiple signs from (III):
 - II. Ocular depigmentation (either of the following manifestation is sufficient):
 - i. Sunset glow fundus, or
 - ii. Sugiura sign
 - III. Other ocular signs:
 - i. Nummular chorioretinal depigmented scars, or
 - ii. Retinal pigment epithelium clumping and/or migration, or
 - iii. Recurrent or chronic anterior uveitis
4. Neurological/auditory findings (may have resolved by the time of examination)
 - a. Meningismus (malaise, fever, headache, nausea, abdominal pain, stiffness of the neck and back, or a combination of these factors; headache alone is not sufficient to meet definition of meningismus, however), or
 - b. Tinnitus, or
 - c. Cerebrospinal fluid pleocytosis
5. Integumentary finding (not preceding onset of central nervous system or ocular disease)
 - a. Alopecia, or
 - b. Poliosis, or
 - c. Vitiligo

In Malaysia there has been no previous study on the genetic predisposition of patients with VKH disease. The human leucocyte antigen (HLA) association in VKH patients of Chinese and Indian descent has been previously studied in other countries.^{13,14} However, there were no similar studies done among Malay patients with VKH. Therefore, in this study, VKH patients of Malay ethnicity were analysed to determine the frequency and association with *HLA-DRB1*04* and its suballele *HLA-DRB1*0405*. The relationship of suballeles *HLA-DRB1*0404* and *0410* were also explored. Further observation of the patients' clinical characteristics in terms of disease classification, recurrence, and ocular complications – such as glaucoma, cataract, subretinal fibrosis, and choroidal neovascularisation – in relation to *HLA-DRB1*04* and its suballele *HLA-DRB1*0405* were made.

Materials and methods

Sample size

A study by Islam *et al.* among the Japanese population noted the prevalence of *HLA-DRB1*04* was 93% among patients with VKH and 43.2% among controls. However, only suballele *HLA-DRB1*0405* showed a significant association with VKH syndrome (77.2%) as compared to healthy controls (26.2%).⁸ In view of the rarity of the disease, case-control study was chosen as the study design. Based on the research hypotheses, it is to be expected that VKH patients would have a higher rate of *HLA-DRB1*0405*. Therefore, the sample size was calculated using PS power and sample size calculation software (version 3.0; Dupont and Plummer, 2009), based on a study of independent cases and controls with one control per case. Prior data indicated that the probability of exposure among controls was 0.262. If the true probability of exposure among cases was 0.772, then the study needed 14 case patients and 14 control patients to be able to reject the null hypothesis that the exposure rates for cases and controls are equal with probability (power) 0.8. The type I error probability associated with this test of the null hypothesis is 0.05.

Subjects and data collection

A case-control study was conducted from December 2016 to December 2017 among VKH patients attending the Ophthalmology Clinic, Hospital Selayang, Malaysia. Located close to the nation's capital of Kuala Lumpur, it is the referral centre for medical retina subspecialty in Malaysia. A total of 129 patients from all ethnicities were screened from the patient database in the clinic. There were 91 Malay patients with VKH and of these, 14 patients were randomly selected via an excel spreadsheet. Only Malay patients as defined by Article 160 of the Constitution of Malaysia and which could be traced back for at least two generations were eligible for this study.¹⁵

Patients were diagnosed by typical clinical presentation and according to the revised diagnostic criteria for VKH disease.⁵ Ancillary tests, such as optical coherence

tomography, ocular ultrasound, fluorescein angiography, and indocyanine green angiography, were done in certain cases to aid in the diagnosis of VKH. Clinical data of patients, which included disease classification, chronic recurrence, and presence of ocular complications – such as glaucoma, cataract, subretinal fibrosis, and choroidal neovascularisation – were analysed. The course of uveitis was defined according to the Standardization of Uveitis Nomenclature. Chronic disease was characterised by persistent inflammation with relapse occurring less than three months after discontinuation of treatment. Recurrent uveitis was defined as recurring episodes of inflammation after being inactive without treatment for more than three months.¹⁶

Subjects that fulfilled the eligibility criteria were given a patient information sheet regarding the study prior to recruitment. An interview of the patients was conducted by the investigator using a standardized data extraction form. The form contained questions on demographic data and relevant clinical history. Written, informed consent was obtained prior to commencement of the study. For comparison, 14 randomly selected, unrelated, hospital-based, healthy controls with similar ethnic background, age, and sex-matched were included.

Subjects with any autoimmune disease or diseases that are related to the *HLA-DRB1*04* gene were excluded. *HLA-DRB1*04*-related diseases include rheumatoid arthritis,¹⁷ multiple sclerosis,¹⁸ type 1 diabetes mellitus,¹⁹ Lyme disease-induced arthritis,²⁰ drug-triggered/idiopathic pemphigus vulgaris,²¹ pemphigoid gestationis,²² pemphigus foliaceus,²³ obstructive hypertrophic cardiomyopathy,²⁴ IgA nephropathy,²⁵ polymyalgia rheumatica,²⁶ alopecia areata,²⁷ systemic lupus erythematosus,²⁸ polycystic ovary syndrome,²⁹ and autoimmune hepatitis.³⁰ This research was approved by the Medical Research and Ethics Committees, Ministry of Health Malaysia, with National Medical Research Registry identification number NMRR-16-1075-29116 [Research ID: 29116]. This study was conducted in accordance with the tenets of the Declaration of Helsinki.

DNA extraction

Each of the subjects had 6 ml of peripheral venous blood sample drawn and placed in a bottle containing ethylenediaminetetraacetic acid (EDTA). The collected samples were processed immediately for HLA typing and were not stored for future research. Genomic DNA was obtained from peripheral blood leukocytes using the commercial QIAamp DNA Blood Mini Kit (Qiagen, Hilden, Germany) from 200 µl of buffy coat according to the manufacturer's instructions. 25-200 ng/µl final concentration of DNA is optimum for HLA typing with an A260/280 ratio of 1.65 to 1.80.³¹

***HLA-DRB1*04* allele-specific typing by polymerase chain reaction sequence-specific primer (PCR-SSP)**

*HLA-DRB1*04* allele-specific typing was done by PCR-SSP, a DNA-based tissue typing method. In contrast with other PCR-based methodologies, the SSP

methodology utilised by One Lambda, Inc., Micro SSP™ DNA typing test, differentiates alleles in the PCR process. The Micro SSP™ DNA typing trays contain dried, pre-optimized primers for PCR amplification of HLA alleles. Perfectly matched oligonucleotide primers are best for amplification of a target sequence by recombinant Taq polymerase. Amplification of target sequences (*i.e.*, a positive result) occurs in precisely matched primer pairs, while there is no amplification in an unmatched primer pair (*i.e.*, a negative result). Purified DNA samples, deoxynucleotide solution mix (Micro SSP™ D-mix), and recombinant Taq polymerase were added to the pre-optimized primer trays for PCR. The primer trays were placed in the thermal cycler using the recommended DNA cycling program. The amplified DNA fragments were then size-separated by 2.5% agarose gel electrophoresis. Visualisation was aided by ethidium bromide staining and ultraviolet light exposure. It was then documented via photography and interpreted accordingly. The results of PCR-SSP were interpreted based on whether particular PCR products were present or absent.³²

Statistical analysis

Statistical analysis was performed using Statistical Package for Social Sciences (SPSS, version 20; IBM Corp., Armonk, NY, USA). Data was entered into a Microsoft excel worksheet (2013) and transferred to SPSS. Basic characteristics were analysed by descriptive statistics. Independent t-test was used to assess differences between patient and control age. Fisher's Exact test was used to test the association between two categorical variables, with a p-value < 0.05 considered to be of statistical significance.

Results

A total of 14 Malay patients diagnosed with VKH were enrolled in this study, of whom 71.4% were female. Mean age for the patients was 38.9 years, with age ranging from 16 to 61 years old. Fourteen randomly selected, unrelated, healthy control subjects with no antecedent of VKH or any other autoimmune disease were included for comparison, and all individuals were of similar ethnic background, age, and sex-matched. There was no significant difference in age between patients and controls ($p = 0.735$; Table 2).

The frequency of *HLA-DRB1*04* was found to be increased in patients (42.9%) as compared to controls (14.3%); however, this was not statistically significant ($p = 0.209$). The frequency of suballele *HLA-DRB1*0405* was also noted to be higher in patients (42.9%) in comparison to controls (7.1%), but did not reveal any significant association ($p = 0.077$). Suballeles *HLA-DRB1*0404* and *HLA-DRB1*0410* were not detected in either group. Suballele *HLA-DRB1*0401* was noted to be present only in controls (7.1%; Table 3).

Table 2. Patients and controls characteristics

Variable	Value	Patients (n = 14)	Controls (n = 14)	p-value ^a
Gender	Male	4 (28.6%)	4 (28.6%)	
	Female	10 (71.4%)	10 (71.4%)	
Age (years)	Mean, range	38.9, 16-61	41, 19-64	0.735

^ap-values were calculated using the independent t-test.

Table 3. HLA-DRB1*04 allele and suballeles frequencies in VKH patients and controls

Allele/ Suballele	Patients (n = 14)	Controls (n = 14)	p-value ^a
HLA-DRB1*04	6 (42.9%)	2 (14.3%)	0.209
HLA-DRB1*0405	6 (42.9%)	1 (7.1%)	0.077
HLA-DRB1*0404	0 (0.0%)	0 (0.0%)	-
HLA-DRB1*0410	0 (0.0%)	0 (0.0%)	-
HLA-DRB1*0401	0 (0.0%)	1 (7.1%)	-

HLA-DRB1: major histocompatibility complex, class II, DR beta 1; ^ap-values were calculated using the Fisher's Exact test.

Table 4. Clinical features in HLA-DRB1*0405-positive and HLA-DRB1*0405-negative VKH patients

Clinical features	VKH patients	
	HLA-DRB1*0405 positive (n = 6)	HLA-DRB1*0405 negative (n = 8)
Complete VKH	0 (0)	0 (0)
Incomplete VKH	4 (66.7%)	4 (50.0%)
Probable VKH	2 (33.3%)	4 (50.0%)
Chronic recurrence	5 (83.3%)	4 (50.0%)
Ocular complications:		
Cataract	5 (83.3%)	6 (75.0%)
Glaucoma	2 (33.3%)	1 (12.5%)
Subretinal fibrosis	0 (0.0%)	0 (0.0%)
Choroidal neovascularisation	0 (0.0%)	0 (0.0%)

HLA-DRB1: major histocompatibility complex, class II, DR beta 1.

In VKH patients with *HLA-DRB1*0405* positive, 66.7% had incomplete VKH and 33.3% had probable VKH. In *HLA-DRB1*0405*-negative patients, the frequency of both incomplete and probable VKH was similar (50%). There were no patients with complete VKH noted. The chronic recurrence rate for VKH patients that were positive for *HLA-DRB1*0405* (83.3%) was noted to be higher compared to patients that were negative for *HLA-DRB1*0405* (50%). The frequency of ocular complications, such as cataract and glaucoma, was higher in *HLA-DRB1*0405*-positive patients – cataract (83.3%), glaucoma (33.3%) – vs *HLA-DRB1*0405*-negative patients: cataract (75%), glaucoma (12.5%; Table 4).

Discussion

VKH is a bilateral, granulomatous panuveitis involving melanocyte-containing tissues that is associated with extraocular manifestations. Although the specific cause of VKH syndrome has yet to be ascertained, the possible, suggested pathogenesis is an autoimmune response towards melanocytes in a genetically predisposed person.^{1,7} Viral symptoms that precede the onset of the disease could link viral infection as an inciting factor in this autoimmune process.^{2,7} Mechanisms that could explain this association are viral molecular mimicry and cross-reactions to melanocytes. Molecular studies utilizing PCR on CSF from patients with VKH revealed the presence of the Epstein-Barr virus.¹ According to Sugita *et al.*, T-cell cross-reactivity between tyrosinase and cytomegalovirus antigen could be involved in the onset of VKH. The data was inconclusive, which requires further studies to identify the triggering factors.³³

Electron microscope studies of VKH eyes revealed a direct contact between melanocytes and lymphocytes, followed by absence of choroidal melanocytes at the site of contact.¹ Studies in active VKH eyes demonstrated increased activated T lymphocytes in the choroidal inflammatory foci that expressed both early and late T-cell activation markers. During the convalescent stage of VKH, presence of CD4+ and CD8+ cytotoxic T lymphocytes was noted, with lymphocyte infiltrates and loss of choroidal melanocytes. Immunohistochemical evidence has contributed further to the understanding of the autoimmune process in VKH disease. The suggested autoimmune mechanism involved is T-cell mediated, delayed-type hypersensitivity towards uveal melanocytes that abnormally express class II major histocompatibility complex (MHC) antigens.^{1,7} In humans, HLA class II is an MHC on chromosome 6p21 that encodes for specific cell-surface molecules on antigen-presenting cells. The CD4+ T-helper cell receptor then interacts with the exogenous antigen presented by HLA molecules, resulting in an immune response that leads to host-tissue destruction.³⁴

Various studies have been conducted in other populations and VKH was noted to be associated with several HLA serotypes and genotypes. The linked HLA serotypes

include: *HLA-DQ4* in Japanese;⁸ *HLA-DQ7* in Chinese;¹³ *HLA-DR1* in Hispanic;³⁵ *HLA-DR4* in Japanese,⁸ Chinese,¹³ Hispanic,^{35,36} and Italian;³⁷ and *HLA-DR53* in Japanese.⁸ The associated HLA genotypes include: *HLA-DQA1*0301* in Japanese;⁸ *HLA-DQB1*0401* in Japanese;^{8,11} *HLA-DRB1*0101* in Hispanic;³⁶ *HLA-DRB1*0404* in Hispanic;³⁸ *HLA-DRB1*0405* in Japanese,^{8,10,11} Hispanic,³⁸ Saudi Arabian,³⁹ Brazilian,⁴⁰ Korean,⁴¹ and Indian;¹⁴ and *HLA-DRB1*0410* in Indian.¹⁴ Although multiple HLA serotypes and genotypes have been found to be associated with VKH, *HLA-DRB1*04/DR4* and its suballele *HLA-DRB1*0405* in particular were reported in most populations. Therefore, in our study, high-resolution typing via PCR-SSP was limited to *HLA-DRB1*04* alleles.

In our patients (42.9%), the frequency of *HLA-DRB1*04* was higher compared to the control group (14.3%), which suggests a possible association with VKH in our patients. All patients who had *HLA-DRB1*04* detected were positive for only suballele *HLA-DRB1*0405*, with patients (42.9%) vs controls (7.1%; $p = 0.077$). Although the results were not statistically significant, the association has been proven and well documented in other study populations. Islam *et al.* showed that the prevalence of *HLA-DRB1*04* was 93% among patients with VKH and 43.2% among controls, with a relative risk (RR) of 17.4.⁸ It was noted that VKH patients that have the *HLA-DRB1*04* gene either carry suballele *HLA-DRB1*0405* or 0410.^{8,10,11} However, by statistical analysis, only *HLA-DRB1*0405* showed a significant association with VKH syndrome (77.2%) compared to healthy controls (26.2%) with an RR of 9.5.⁸ Damico *et al.* reinforced the importance of this allele as a predisposition to the development of VKH syndrome. The study showed that there was an increased sensitivity in VKH patients to melanocyte epitopes, and patients with *HLA-DRB1*0405* demonstrated a larger melanocyte-derived peptide repertoire.⁴²

Shi *et al.* revealed a pooled odds ratio (OR) of 8.42 for the association of *HLA-DRB1*04* with VKH. This meta-analysis confirmed the association of *HLA-DR4/HLA-DRB1*04* with VKH. It also identified suballeles *HLA-DRB1*0404*, *0405*, and *0410* as risk alleles for VKH, and *HLA-DRB1*0401* as the protective allele. Genotyping of the suballeles *HLA-DRB1*0404*, *0405*, *0410* and *0401* was suggested for patients with VKH.¹² Among our study patients, both *HLA-DRB1*0404* and *0410* were absent, and *HLA-DRB1*0401* was present only in control subjects (7.1%). A systemic review and meta-analysis of 21 studies with 1853 VKH patients showed a different strength of association between VKH and *HLA-DRB1*04*; the diversity was due to different ethnicity, with the highest association among Eastern Asians (OR = 13.69) and the lowest in Indians (OR = 2.09).¹² Different ethnic backgrounds with variable strengths of association could possibly explain the weak association with *HLA-DRB1*04* among Malay patients.

The clinical course of VKH patients that are positive for *HLA-DRB1*0405* was compared with patients negative for *HLA-DRB1*0405*. The frequency of chronic recurrence was higher in *HLA-DRB1*0405*-positive patients (83.3%) than in *HLA-DRB1*0405*-negative patients (50%). Similar findings were noted in a Japanese study, where the frequency of suballele *HLA-DRB1*0405* was increased in chronic VKH

patients (93%) compared to nonchronic patients (56%).^{8,9} The presence of ocular complications, such as cataract and glaucoma, was higher in patients positive for this suballele, with 83.3% and 33.3%, respectively. Kim *et al.* revealed that patients with *HLA-DRB1*0405* have more ocular complications than *HLA-DRB1*0405*-negative patients.⁴¹ Although the study subject numbers were not appropriate for statistical analysis, we surmised the possibility of a relation between *HLA-DRB1*0405* and poorer disease outcome.

Conclusion

Although the association between *HLA-DRB1*04* and its suballele *HLA-DRB1*0405* with VKH patients of Malay descent was found to be statistically insignificant, the increased frequency of this HLA allele gives us an insight into the possible etio-pathogenesis of VKH syndrome among the Malay population. As this study is only an observation of a small cohort and not a representation of the Malaysian population, the novel pilot data could be of interest and importance for the direction of future studies.

Acknowledgements

We thank the Director General of Health, Ministry of Health Malaysia, for the permission to publish this study. Our sincere gratitude goes to Dr Zabri bin Kamarudin, the Head of Department, Ophthalmology, Hospital Selayang, for his guidance. We also express our gratitude to Assoc Prof Dr Jemaima Che Hamzah, the Head of Department, Ophthalmology, The National University of Malaysia Medical Centre, for her support. A special thanks to Dr Hj Siti Zaleha bt Mohd Salleh, the Director, Hospital Selayang, for her advice and assistance and providing us with the necessary facilities to conduct our study. Our thanks to Dr Nor Asiah Muhamad, Institute for Public Health, for her advice during the preparation of this study. Appreciation is also due towards the National University of Malaysia Medical Centre for providing funding through the research grant number FF-2016-170. Lastly, we would like to thank everyone who has contributed to this study.

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